

They are Called “States”

Protocols vs. States

Protocols

These are wavelengths that have **specific steps, specific placements, and specific sequences** because they interact with the body in a structured, physiological way.

Examples:

- Red Light → Physical tension protocol
- Blue Light → Sensory irritation protocol
- Amber Light → Emotional regulation protocol
- Near-infrared Light → Deep system protocol

Protocols = **Do this, then this, then this ...** They follow a sequence.

States

These are wavelengths that do **not** require steps, sequences, or anatomical precision. They support the **state of being**, not a protocol.

The Primary Example:

- Green Light → Clarity State

States = **Use it when you need to feel a certain way.** They are experiential, not procedural.



Why Green Light is a State, Not a Protocol

Green Light:

- Doesn't penetrate deeply
- Doesn't simulate tissue
- Doesn't increase circulation
- Doesn't require anatomical placement
- Doesn't “treat” anything
- Doesn't push the body

It supports a **state**:

- Clarity
- Spaciousness
- Sensory quiet
- Emotional softness

- Cognitive organization

You don't *perform* Green Light: You *enter* it.

That is why it belongs in this category of **States**, not Protocols.

This is one of the reasons that the Pathway System is so unique; it's not just wavelengths, it's **architecture**.